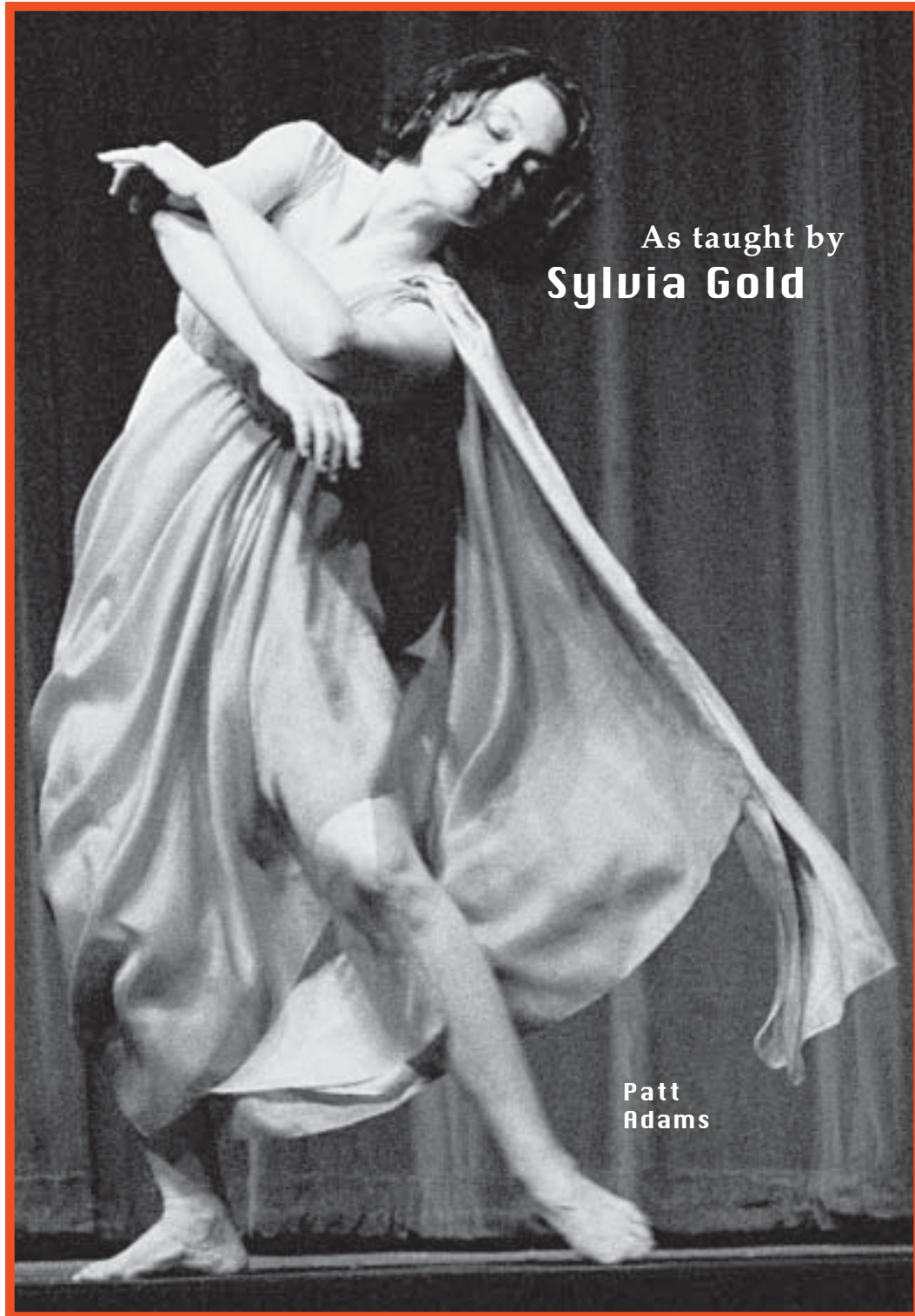


A Dance By  
*Isadora Duncan*



As taught by  
**Sylvia Gold**

Patt  
Adams

***Orientalé***

Written in *Sutton DanceWriting*®

Published  
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A Dance By  
Isadora Duncan

## *Orientele*

As Taught  
by  
Sylvia Gold

a  
DanceWriting® Sheet Dance

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A Dance By  
*Isadora Duncan*

From  
*The Isadora Duncan  
Chopin Collection*

A Chopin Dance  
Choreographed by Isadora Duncan  
Reconstructed by Hortense Kooluris

To the music of Frederic Chopin  
Mazurka Opus 68 No.2

Performed & Taught  
by  
*Sylvia Gold*  
Duncan Dancer & Teacher  
A Former Student of Irma Duncan



Photographs of  
*Patt Adams*

Photography by  
*Donald Malpass*

Book & Web Design  
*Valerie Sutton*

# *Orientale*

Written in  
*Sutton DanceWriting®*

by  
*Alison Kincaid*

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# Orientele

Written in Sutton DanceWriting®

1 2 3                      1    2    3                      1    2    3

2 Q 2                      3 Q 3    3 Q 3    3 Q 3                      3 Q 3    3 Q 3    3 Q 3

1 Q 1                      2 Q 2    2 Q 2    2 Q 2                      2 Q 2    2 Q 2    2 Q 2

1    2    3                      1    2    3                      1

3 Q 3    3 Q 3    3 Q 3                      3 Q 3    3 Q 3    3 Q 3                      3 Q 3

2 Q 2    2 Q 2    2 Q 2                      3 Q 3    2 Q 2    2 Q 2                      2 Q 2

2    3                      1    2    3                      1    2    3

3 Q 3    3 Q 3                      3 Q 3    3 Q 3    3 Q 3                      3 Q 3    3 Q 3    3 Q 3

2 Q 2    2 Q 2                      2 Q 2    2 Q 2    2 Q 2                      2 Q 2    2 Q 2    2 Q 2

1    2    3                      1    2    3                      1    2

1 Q 1                      1 Q 1    1 Q 1    1 Q 1                      1 Q 1    1 Q 1

2 Q 2    2 Q 2                      2 Q 2    2 Q 2    2 Q 2                      2 Q 2    2 Q 2

3                      1    2    3                      1    2    3                      1

1 Q 1                      1 Q 1    1 Q 1    1 Q 1                      1 Q 1    1 Q 1    1 Q 1                      1 Q 1

2 Q 2                      2 Q 2    2 Q 2    2 Q 2                      1 Q 1    1 Q 1    1 Q 1                      1 Q 1





Handwritten musical notation for a 2/4 time signature. The staff contains three measures, each with a triplet of notes. The notes are labeled 2, 3, and 1 in the first measure; 1, 2, and 3 in the second; and 1, 2, and 3 in the third. Below the staff are two rows of rhythmic diagrams: the first row shows quarter notes with stems, and the second row shows eighth notes with stems.

Handwritten musical notation for a 3/4 time signature. The staff contains two measures. The first measure has a triplet of notes labeled 1, 2, 3. The second measure has a triplet of notes labeled 1, 2, 3. Below the staff are two rows of rhythmic diagrams: the first row shows quarter notes with stems, and the second row shows eighth notes with stems.

Handwritten musical notation for a 3/4 time signature. The staff contains two measures. The first measure has a triplet of notes labeled 1, 2, 3. The second measure has a triplet of notes labeled 1, 2, 3. Below the staff are two rows of rhythmic diagrams: the first row shows quarter notes with stems, and the second row shows eighth notes with stems.

Handwritten musical notation for a 4/4 time signature. The staff contains three measures, each with a triplet of notes. The notes are labeled 1, 2, 3 in the first measure; 1, 2, 3 in the second; and 1, 2, 3 in the third. Below the staff are two rows of rhythmic diagrams: the first row shows quarter notes with stems, and the second row shows eighth notes with stems.

Handwritten musical notation for a 4/4 time signature. The staff contains three measures, each with a triplet of notes. The notes are labeled 1, 2, 3 in the first measure; 1, 2, 3 in the second; and 1, 2 in the third. Below the staff are two rows of rhythmic diagrams: the first row shows quarter notes with stems, and the second row shows eighth notes with stems.

3 1 2 3 1 2 3 1

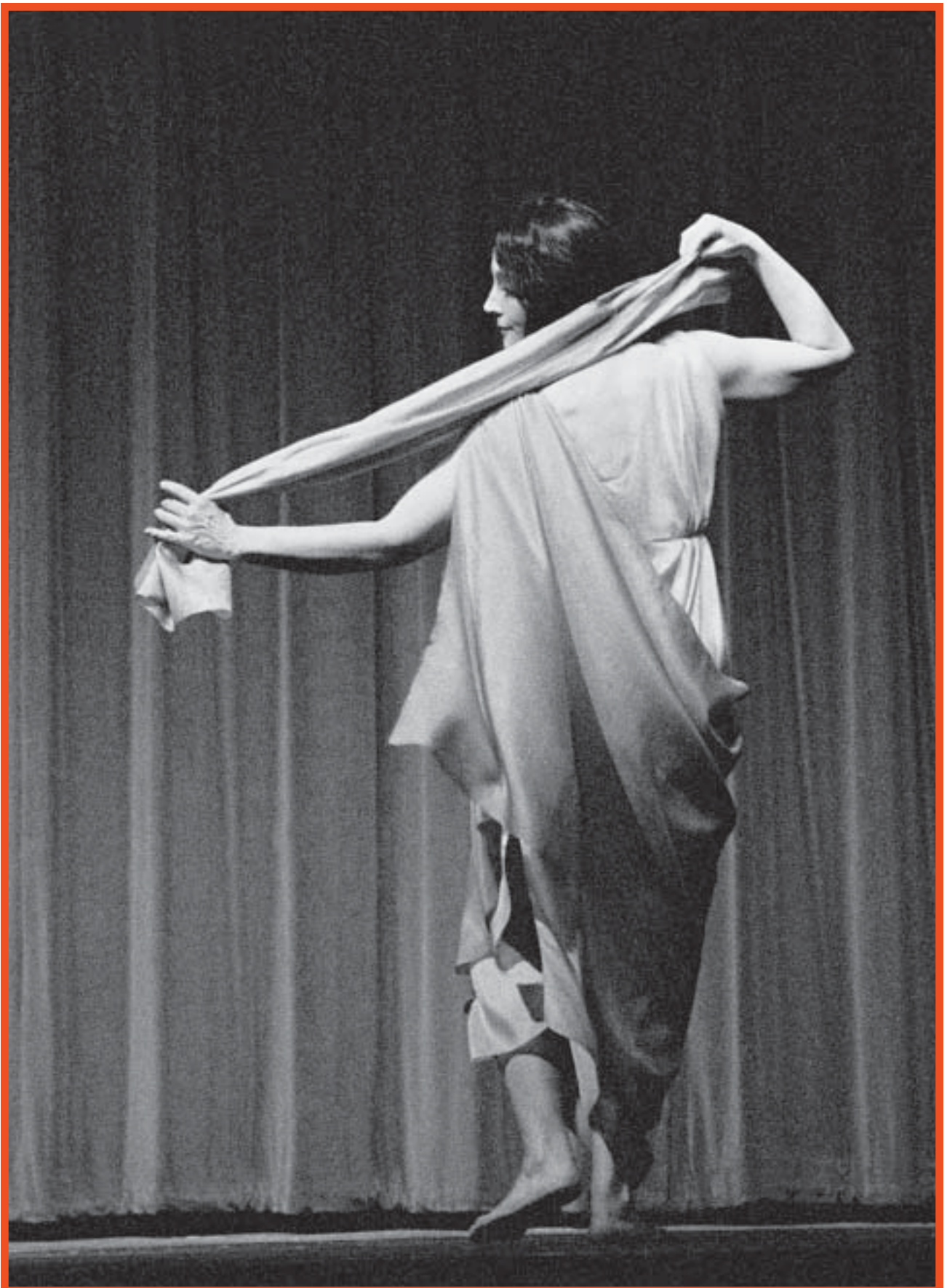
2 3 2 1 2 3 1

2 3 1 2

3 1 2 3 1 2

3 1 2 3 1







Handwritten musical notation for the first system, featuring a treble clef and a key signature of one flat. The staff contains notes with fingerings 2, 3, 1, 2, 3 and first/second endings. Below the staff are two rows of circular diagrams with arrows and numbers (1, 2, 3) indicating fingerings.

Handwritten musical notation for the second system, featuring a bass clef and a key signature of one flat. The staff contains notes with fingerings 1, 2, 3, 1, 2, 3 and first/second endings. Below the staff are two rows of circular diagrams with arrows and numbers (1, 2, 3) indicating fingerings.

Handwritten musical notation for the third system, featuring a treble clef and a key signature of one flat. The staff contains notes with fingerings 2, 3, 1, 2 and first/second endings. Below the staff are two rows of circular diagrams with arrows and numbers (1, 2, 3) indicating fingerings.

Handwritten musical notation for the fourth system, featuring a bass clef and a key signature of one flat. The staff contains notes with fingerings 3, 1, 2, 3 and first/second endings. Below the staff are two rows of circular diagrams with arrows and numbers (1, 2, 3) indicating fingerings.

Handwritten musical notation for the fifth system, featuring a bass clef and a key signature of one flat. The staff contains notes with fingerings 1, 2, 3 and first/second endings. Below the staff are two rows of circular diagrams with arrows and numbers (1, 2, 3) indicating fingerings.

Handwritten musical notation for the first system, labeled with a box containing the letter 'Y'. The notation includes a treble clef, a 2/4 time signature, and a first ending bracket. The melody consists of eighth notes with fingerings 1, 2, 3, 1, 2, 3, 1, 2. Below the staff are two lines of rhythmic notation: the first line shows eighth notes with stems and flags, and the second line shows quarter notes with stems and flags.

Handwritten musical notation for the second system, labeled with a box containing the letter 'Y'. It features a treble clef and a 2/4 time signature. The melody includes eighth notes with fingerings 3, 1, 2, 3, followed by a double bar line and a repeat sign. The notation continues with eighth notes and fingerings 1, 2, 3. Below the staff are two lines of rhythmic notation, including quarter notes and eighth notes with stems and flags.

Handwritten musical notation for the third system, labeled with a box containing the letter 'A'. It features a treble clef and a 2/4 time signature. The melody consists of eighth notes with fingerings 1, 2, 3, 1, 2, 3, 1. Below the staff are two lines of rhythmic notation, including quarter notes and eighth notes with stems and flags.

Handwritten musical notation for the fourth system, labeled with a box containing the letter 'S'. It features a treble clef and a 2/4 time signature. The melody includes eighth notes with fingerings 2, 3, followed by a double bar line and a repeat sign. The notation continues with eighth notes and fingerings 1, 2, 3. Below the staff are two lines of rhythmic notation, including quarter notes and eighth notes with stems and flags.

Handwritten musical notation for the fifth system, labeled with a box containing a stylized symbol. It features a treble clef and a 2/4 time signature. The melody consists of eighth notes with fingerings 1, 2, 3, 1, 2, 3, 1, 2. Below the staff are two lines of rhythmic notation, including quarter notes and eighth notes with stems and flags.



### About the Author

Sylvia Gold (Nee Rubinstein) was born in New York City in 1923, four years before Isadora met her tragic and dramatic death. Her parents had seen Isadora dance, and like many others, were very impressed. Sylvia loved to dance freely to music at a very young age. Her parents recognized her talents and at the age of five she was enrolled in the Denishawn School, taught by Ruth St. Denis. The emphasis was on the Eurhythmics method of Jacques Dalcroze.

Sylvia then enrolled in the studio of Isadora's sister, Elizabeth Duncan, where she began her training with Elizabeth and Anita Zahn, a teacher of the Duncan dance. Soon after, Irma Duncan came to the United States and opened the "Isadora Duncan Studios" at Carnegie Hall in New York City. The then seven year old Sylvia was auditioned by Irma and her parents received a note that had a profound effect on Sylvia's life. "Miss Duncan is extremely anxious to have Sylvia return. She considers her exceptionally talented."

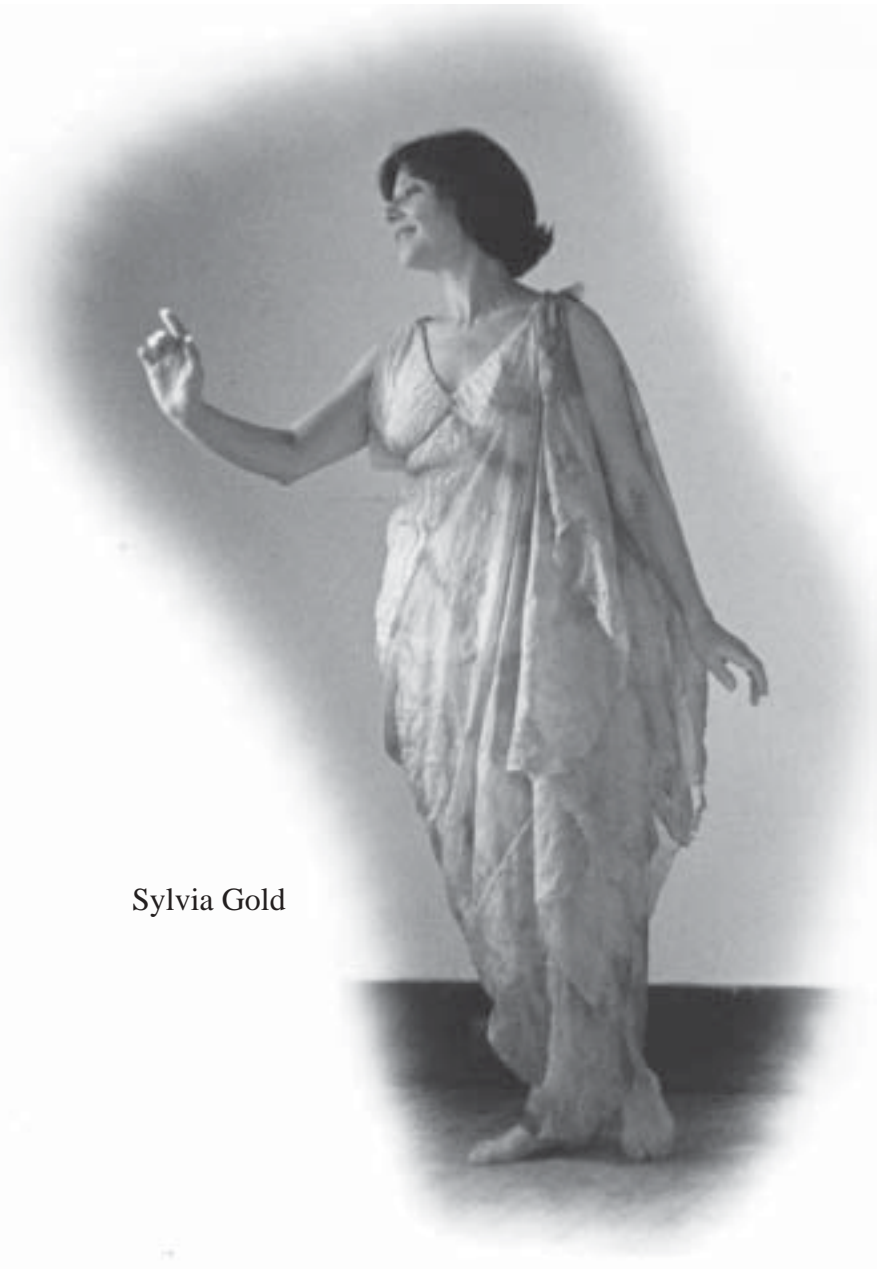
Sylvia studied and performed with Irma for the next seven years. In addition to many studio performances, there was also a gala performance in 1934 at Madison Square Garden in which Irma fulfilled a dream of Isadora's, choreographing a dance pageant to the chorale movement

of Beethoven's Ninth Symphony. The New York Philharmonic was conducted by Walter Damrosch who had often performed with Isadora. Sylvia was one of Irma's students participating in this unusual concert.

Irma Duncan left New York permanently in 1937 and this temporarily diverted Sylvia's dance career. Sylvia entered the High School of Music and Art, majoring in music and in 1944 received her Bachelor's Degree in Music Education from New York University.

Through all the activities of marriage and motherhood, Sylvia maintained her love of the Duncan Dance. During the post World War II period, Duncan dancing was effectively eclipsed by the modern dance movement, typified by Martha Graham and Doris Humphrey. During this period, Sylvia studied various modern dance techniques and later, in the 1960's and 1970's, turned to her early Duncan training to teach in the Boston area.

Isadora had prophesized that her art would first die out but would eventually be revived. In 1977, Sylvia began to commute to New York City to work with Hortense Kooluris, Gemze de Lappe and Julia Levien and the four of them, all students of Irma Duncan, performed as soloists along with a company of younger dancers in a complete program of Isadora Duncan choreography at Riverside Church in New York. Earlier, Annabelle Gamson, Sylvia's sister-in-law, who studied Duncan with Julia Levien, startled the dance world by performing Duncan dances to an ecstatic audience and raving reviews. Isadora's prophecy was true: 50 years after her death her work was again popular.



Sylvia Gold

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